

Want to serve your church as a parish nurse?  
CUW offers an introductory workshop by  
distance learning.  
*Contact Carol!*

## Welcome on behalf of CUW!

Dear Sisters and Brothers in Christ,

I welcome you to our 34<sup>th</sup> annual conference! This year's theme is based on Deuteronomy 5:33:

*"Walk in obedience to all that the LORD your God has commanded you, so that you may live and prosper and prolong your days in the land that you will possess."*

Prayerfully consider attending this national conference. If you cannot attend, pray for a successful conference and consider a small donation to support this event. Please share this brochure with others as our goal is to have 125 participants from 25 states. Any questions, contact Carol!

Your sister in Christ,

*Carol Lueders Bolwerk, PhD, RN*  
Director of Parish Nursing and Congregational Health Ministries  
Conference Chairperson  
262-243-4233  
[Carol.lueders.bolwerk@cuw.edu](mailto:Carol.lueders.bolwerk@cuw.edu)

35<sup>th</sup> Annual Conference  
May, 2027  
Beyond the Pews:  
Nurturing Wholistic Health in Mind,  
Body, and Spirit  
*Accepting presentations until  
October 1, 2026*

## Concordia University Wisconsin

CUW is located in Mequon, Wisconsin, 25 miles north of Milwaukee's Mitchell International Airport.

**TRANSPORTATION:** Go RiteWay commercial service is available from Mitchell International Airport to hotels. Call 1-800-236-5450 to reserve transportation

**DIRECTIONS** – Traveling on Interstate 43:

**FROM THE SOUTH:** Take Exit 87 (Highland Rd.), and turn right on Highland to the main campus entrance.

**FROM THE NORTH:**

Take Exit 87 (Highland Rd.), and turn left on Highland Rd. until the main campus driveway.

**LODGING** within five miles of CUW; (*please make your own reservations*): Mention Concordia to get better rates. Rates vary depending on room and bed size. Rates of Jan 5, 2026:

- Comfort Inn & Suites  
1415 N. Port Washington Rd., Grafton, WI  
262-387-1180  
Rate: \$96.00 plus tax, Ask for Pat
- TownePlace Suites  
1601 Gateway Dr., Grafton, WI  
262-618-8100  
Rate: \$129 plus tax, call hotel directly

Hotels serve complimentary breakfast.

**CONFERENCE CANCELLATION:** *No refunds after May 1. Refunds prior to May 1, 2026 will be less than a \$50 processing fee.*

**PARKING** When arriving at CUW, park in Lots A and B, and enter Luther Administration Building.

**DISABILITY?** Concordia is wheelchair accessible!

### IN-GATHERING

Bring PRAYER SHAWLS and CARDS for our in-gathering!

# Living Well



## The 34<sup>th</sup> Annual Parish Nurse and Congregational Health Ministries National Conference May 13-14, 2026

Hosted by:  
Concordia University Wisconsin  
School of Nursing  
12800 North Lake Shore Drive  
Mequon, WI 53097

## Registration Form

Name (print clearly or paste address label here): \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Church affiliation: \_\_\_\_\_

Nurse  Clergy  Other \_\_\_\_\_

Your name and address will be shared with participants.

### CHECK DAYS YOU WILL ATTEND:

- Wednesday, May 13, 2026                      \$100.00  
 Thursday, May 14, 2026                      \$100.00  
 Special Clergy Rate–Full Conference \$100.00

**TOTAL FEES ENCLOSED:** \$ \_\_\_\_\_

Fee includes materials and food. Make checks payable to **Concordia University Wisconsin** (no credit cards, please). Send check and registration to:

*Carol Lueders Bolwerk  
 Concordia University Wisconsin – Parish  
 Nursing and Congregational Health Ministries  
 12800 North Lakeshore Drive  
 Mequon, WI 53097*

**LPNI Scholarships** (first-time attendees): Four \$250 scholarships are available for RNs from any Lutheran Synod. Email Carol Broemmer for an application: [cbroemmer@charter.net](mailto:cbroemmer@charter.net). Register for conference with full payment. Reimbursement after attending conference.

## 2026 Conference Schedule

### WEDNESDAY, MAY 13: ALBRECHT TERRACE ROOM

- 8 AM**            **Registration: Albrecht Hall:** Follow signs from Lot A to Albrecht
- 8:30 AM**        **Welcome, Announcements, and Updates**
- 9:15 AM**        **Break:** Follow Signs to Chapel
- 9:30 AM**        **Chapel** - Chapel of Christ Triumphant  
**Picture of Group** – Mike Zimmermann
- 10:15 AM**      **Keynote 1:** Living Well as Stewards of the Gospel - Rev. Dr. Nathan Meador
- 11:30 AM**      **Keynote 2:** Cardiometabolic Health in Diabetes, Liver, Kidney, and Cardiovascular Diseases - Liz Deck, FNP-BC-ADM, CDCES
- 12:30 PM**      **Lunch:** *Provided by Concordia Plans*
- 1:30 PM**        **Keynote 3:** : From Theology of Health to a Practical Method for Christian Wellness - Phillip Zimmermann, MD
- 2:45 PM**        **Keynote 4:** : Living Well and Still Adding On - Rev. Dr. Dan Paavola

### THURSDAY, MAY 14: LOEBER AND RINCKER HALLS

- 8 AM**            **Registration: Rincker Hall**
- 8:30 AM**        **Breakout Session 1**
- Session A:** Faithful Service: Living the Fruits of the Spirit as a Christian Caregiver – Doyle Bosque, RN, PN ..... **LO 118**
- Session B:** Parish Nursing in Crisis Response: Lockdowns, Care, and Community Recovery – Deaconess Christie Hansard, RN, PN, CM **LO 112**
- Session C:** The Road to Heart Health – Jean Mau, DNP, PN ..... **LO 110**
- Session D:** Keeping Spirituality Alive in Your Faith Community/Parish Nurse Practice – Wendy Zimmerman, BSN, RN-BC ..... **R 118**
- 9:30 am**        **Break**
- 9:45 am**        **Breakout Session 2**
- Session E:** Getting Tired of Compassion Fatigue? – Jamie Spikes, RN, PhD, and Mary Hume, RN, BSN, PN ..... **LO 118**

**Session F:** Trauma-Informed Care for Families Facing Life-Altering Prenatal Diagnoses – Stephanie Neugebauer, RDMS ..... **LO 112**

**Session G:** To Live Well is to Die Well: The Lutheran Practice of the Art of Dying – Rev. Silas Hasselbrook ..... **LO 110**

**Session H:** Living Well with American Heart Association Resources – Tim Nikolai, MBA, and Susan Hjelsand ..... **R 118**

**Session I:** Gambling Addictions – Marie Wiegert, MAN, BSN, RN ..... **R 137**

**10:45 AM**      **Brunch:** *Provided by LPNI*

**11:30 AM**      **Breakout Session 3**

**Session J:** Ethiopia Parish Nurse Outreach – Marcy Schnorr, RN, EdD, Dianne Weber, RN, and Dianna Bonfield, RN ..... **LO 118**

**Session K:** Detecting Subclinical Atherosclerosis Risk with the Coronary Artery Calcium Score Test – Jennie Johnson, RN, PhD ..... **LO 112**

**Session L:** Lessons in Living Well-Integrating the Sacred into Daily Life – Marilee Tollefson, RN, MSN, and Carol DeShepper, RN, MSN ..... **LO 110**

**Session M:** Mental Health First Aid: Equipping Our Community for Compassionate Care – Kelly Menke, MSPH, CHES ..... **R 118**

**12:30 PM**      **Break**

**12:45 PM**      **Breakout Session 4**

**Session N:** Hope in the Midst of Agony/The Impact of War on Elderly – Raeda Monsour, RN **LO 118**

**Session O:** A More Abundant Life – Heidi Then, RN, BSN, and Rachel Greiner ..... **LO 112**

**Session P:** The Use of Artificial Intelligence on Religion and Congregational Health Ministries – Steve Montreal, PhD ..... **R 137**

**Session Q:** God’s Good News in Guatemala: Santa Cruz Iglesia de Lutherana Amatitlan – Carol Zimmermann, RN, MS ..... **R 118**